

## NEWS

**I-KNOW-HOW – Helping employees living with cancer**

RVA are pleased to announce that we are part of an Interreg 2Seas European Development Fund project, working with partners across Europe to help employees living with cancer to remain in, or return to work. This three year project will be launched on the 27<sup>th</sup> August in Ghent (more information here: <https://bit.ly/2RSs8Wy>)

and has three main aims – an interactive digital platform containing information and experiences from local people; the development of a job coaching model; and development of a toolkit and training materials for employers. RVA would love to hear from any community and voluntary group employing people in Rother and Hastings who would like to take part. Please contact [jan.cutting@rva.uk.org](mailto:jan.cutting@rva.uk.org) or 01424 217259.

**Green Paper on prevention**

The government published its much-trailed Green Paper on prevention this week. David Buck outlines the key points from the paper and considers the impact that cuts in local government budgets will have on public health. <http://bit.ly/2ykBrFz>

**Biggest fundraising events made less money for charity for the second year running**

The income of the largest 25 fundraising events fell by 1 per cent to £133.6m in 2018, according to research by an agency. It is the second year in a row that the largest mass participation events has found a fall in income. In 2017 the cohort of events collectively raised £135.5m and in 2016 it raised £139m.

<http://bit.ly/2ymSAP8>

**House of Commons Report - increasing levels of walking and cycling in England**

This report states that increased levels of walking and cycling can help combat the economic, human and environmental costs of inactivity, climate change, air pollution and traffic congestion.

<http://bit.ly/2yqAgnX>

**Where to start with 'tech' if you're a small voluntary organisation**

Study findings include tips and advice from small voluntary organisations on overcoming the barriers to using technology; pointers for support organisations; and things for funders to think about – such as how they can support infrastructure, training and experimentation costs associated with 'digital transformation' <http://bit.ly/2MoLOAk>

**Blog: A peer learning approach to supporting youth volunteering in health**

The NHS Long Term plan this year made a commitment to supporting young people to volunteer in health settings – a great recognition of benefit that volunteers, and young people particularly, can bring <http://bit.ly/2MmoKCj>

**Community Assets and Buildings**

The report reveals a community ownership sector that is growing fast and making an increasingly significant contribution to the UK economy. The research finds good financial health across community-owned assets but highlights vulnerabilities and areas where support is needed. <http://bit.ly/2ymad1i>

**Macmillan's fundraising income drops by £17m**

Macmillan Cancer Support's annual income fell by £17m to £235.7m in 2018, according to recently filed documents. The charity, which gets almost all its income from fundraising, said the drop was due to GDPR restrictions and "a general trend of fewer people making donations". <http://bit.ly/2MmbVIh>

**Government unveils vision for building stronger communities**

The government has laid out its vision for building a stronger sense of belonging and shared prosperity within local communities. The new Community Framework: 'By deeds and their results: how we will strengthen our communities and nation', published today, sets out how the government will work with local and national partners such as businesses, faith institutions, local authorities and volunteer groups to help build stronger, more empowered and integrated communities across England <http://bit.ly/2MIALrH>

**New report on relationships between statutory and VCS mental health organisations**

The Centre for Mental Health has published a new report, Arm in arm: The relationships between statutory and voluntary sector mental health organisations, commissioned by the Association of Mental Health Providers. It warns that voluntary and community organisations face numerous financial barriers including reductions in local government funding, short-term and 'more for less' contracts, unpredictable and delayed decision-making, and the unintended consequences of national policies. <http://bit.ly/2ynqoeV>

**New High Weald Management Plan**

A vision for safeguarding the High Weald's cherished and beautiful landscape, rural way of life and special character. The Plan has been created to achieve the legal purpose of 'conserving and enhancing the natural beauty' of the High Weald AONB for the benefit of current and future generations. Just a note - 82% of Rother lies within the High Weald AONB! <http://bit.ly/2yiLyL6>

# FUNDING

## BEXHILL LOCAL CIL

Rother Voluntary Action has been asked to share with you the Council's intention to invite bids from the Bexhill Local Community Infrastructure Levy (CIL) fund towards projects which support development in Bexhill. Bidding opens to community groups, infrastructure providers and other interested organisations for an eight week period on 8th August 2019, closing on 3rd October 2019. Applications made after the closing date will not be considered but may be held for a later review. Guidance documents, alongside an electronic bid pro-forma, are available on the Council's website using the following link:

<http://www.rother.gov.uk/bexhillcilbidding>. When it goes live at the beginning of August.

Applications submitted by 3rd October will be considered by the Panel and the applicants will be informed of the outcome of this round of bidding in the autumn. Please do not hesitate to contact the CIL Officer by telephone (01424 787254) or email (cil@rother.gov.uk) should you have any queries. The bidding for the Bexhill Local CIL should not get confused with the Strategic CIL; therefore, it is vital to use the above link in respect of making an application and viewing the relevant documents.

## Horticulture

This trust gives grants to further the advancement of horticulture in the UK and abroad, grants are available for projects in support of horticultural research, the creation, preservation and maintenance of public gardens, publication of books on horticulture, study visits, plant collecting expeditions and training schemes for gardeners. Deadline 15 August. *Stanley Smith Horticultural Trust*

## Civil Society

The David and Elaine Potter Foundation is a charitable family foundation established in 1999 to encourage a stronger, fairer civil society. *David and Elaine Potter Foundation*

## Football

The Build the Game scheme provides grants for small facility projects. They aim to assess applications to this scheme within 12 weeks. The scheme has flexible criteria and there are many eligible items, so long as it is the right project for the right applicant. All projects must demonstrate they can support the growth and retention of grassroots football *Football Foundation - Build the Game Scheme*

## Village Halls Improvement Fund

The grant funding, managed by ACRE on behalf of Defra with support from the ACRE Network, aims to help fund the updating and refurbishment of village halls so that they are fit for purpose and provide activities which seek to achieve one or more of the following outcomes for their communities: improved health and wellbeing/reduction in loneliness, demonstrates a positive impact on the environment and/or supports the local rural economy. <http://bit.ly/2LyJCYz>

### **Rother Rural Trust**

Rother Rural Trust is a registered charity (number 1067847), set up in 1998 with a mission to help individuals and organisations in need in the rural parishes of Rother, excluding Battle and Rye. Its specific aims are to relieve poverty, promote education and to do other charitable works. In the past, the Trust has for example, given grants to people in real need, to replace beds or washing machines, or has given support to promising young athletes and musicians to pay for their equipment or instruments. To apply for a grant is very simple; write to the Clerk to the Trustees at the address below stating where you live and giving the reasons why you are asking for a grant and saying what amount you need. Typically the Trust awards sums in **the region of £250**, but the Trustees can agree other amounts if they feel the need is justified. If you wish to donate to the Trust, and many parish councils and individuals have done so, for which we are very grateful, again contact the Clerk to the Trustees. Cheques should be made out to the Rother Rural Trust.

Contact details are: Clerk to the Rother Rural Trust; c/o Town Hall; Bexhill on Sea; East Sussex TN39 3JX  
Telephone: 01580 881309 Email: [stephenhardy1948@gmail.com](mailto:stephenhardy1948@gmail.com)

### **HVA's Small Grants Guide**

This funding guide has been produced to provide clear and up-to date information about some of the most useful small grants (up to around £10,000) that are available for voluntary and community groups in Hastings and the surrounding area. <http://bit.ly/2Lny75Y>

### **SAGA Charitable Trust**

Registered charities, Community Amateur Sports Clubs (CASC) or Charitable Incorporated Organisations (CIO) in the Hastings area can apply for up to £500 from SAGA Charitable Trust. They have a preference for activities that benefit older people, or intergenerational projects, that fit with SAGA's core aims.

<http://bit.ly/2Pk17IZ>

### **Sussex Community Foundation**

The main grants programme has three rounds in each financial year which support young people, housing and health and so, if your work involves those areas, they encourage you to consider applying. In addition, they Most grants are between **£1,000 and £5,000** and many go to community groups that are working to tackle deprivation and disadvantage. Most grants are awarded to not-for-profit organisations, working for the benefit of the people of Sussex, whose annual income does not exceed £1 million. For further details click [here](#). Deadline: 13 September at 5:00 pm

### **East Sussex Funding News**

Click here to download the most recent edition of the **East Sussex Funding News**

<http://bit.ly/2muXQsJ>

### **RVA Payroll Service**

RVA offers local organisations a Payroll Service. This service **helps groups and organisations** with HMRC's Real Time Information (RTI) reporting in respect of payroll. If your group employs even one person, compliance is mandatory. For more info, contact Lorraine on 01424 217259

[lorraine.brown@rva.uk.com](mailto:lorraine.brown@rva.uk.com) or download our leaflet from <http://bit.ly/1MSPHUD>

### East Sussex 4 Community

Are you looking for funding? East Sussex County Council **provide a free online funding search tool** called East Sussex 4 Community. Once you have registered, you are able to search within their database of thousands of funders <http://www.idoxopen4community.co.uk/eastsussex/>

## CONSULTATION

### Needs and experiences of LGBTQ people living with cancer in Sussex and East Surrey

Deadline for responses: 1 September. Macmillan Cancer Support and Switchboard have launched two surveys to get a better understanding of the needs and experiences of LGBTQ people living with cancer in Sussex and East Surrey. There is one survey for **LGBTQ people living with cancer** and another for **professionals and volunteers** supporting LGBTQ people living with cancer. Interviews and focus groups will also be held from August; LGBTQ people living with cancer as well as professionals and volunteers who support them are invited to share their experiences. For more information about interviews and focus groups, get in touch with Jess at [jessica.sandelson@switchboard.org.uk](mailto:jessica.sandelson@switchboard.org.uk) or on 01273 234 009.

### Health is everyone's business: proposals to reduce ill health-related job loss

This consultation <http://bit.ly/2MolGoa> from the Department of Health and Social Care and the Department for Work and Pensions seeks views on different ways in which the government and employers can take action to reduce ill health-related job loss. Disabled people and people with long-term health conditions are at greater risk of falling out of work. The proposals aim to support and encourage early action by employers for their employees with long-term health conditions, and improve access to quality, cost-effective occupational health. This consultation closes on 7 October 2019. <http://bit.ly/2MIGJJ7>

### Have your say on the meals subsidy consultation

Deadline for responses: 6 August Share your comments on East Sussex County Council's proposal to stop paying a subsidy for meals in the community. <http://bit.ly/2J5D0gF>

### Is there a need for a Disability focused event in Rother?

Over previous years RVA and Rother District Council Equalities and Diversity Steering Group have organised a disability focused event in Bexhill and Battle. While successful for voluntary and community organisations to get together to network we would like to reach a wider audience. We would like to know your views would be very grateful if you could spend a few minutes of your time to complete the survey by 30th August. <https://forms.gle/PNzkNwa4TqHskJw8>

### ESCC Working Age Adults

Share your views on how East Sussex County Council support working age adults . East Sussex County Council is asking for views on their plans to better support working age adults, and to make sure their

limited budget is spent most effectively. Your views are an important part of the decision making process. The consultation will close on 13 August 2019. To share your views on the research and plans:

- Visit the website: <http://bit.ly/2MqTy4X>
- Email your feedback: [consultationASC@eastsussex.gov.uk](mailto:consultationASC@eastsussex.gov.uk)
- Post your feedback: WAA Support Consultation, North A Floor, County Hall, St Anne's Crescent, Lewes, BN7 1UE
- Phone 01273 481 242 between 9am-12pm Mon-Thurs.

## TRAINING

### **Small Grants Training**

with Sussex Community Foundation at The Pelham on Tuesday 1st October. Contact Gina at [gina.sanderson@rva.uk.com](mailto:gina.sanderson@rva.uk.com) for more details

### **Safeguarding Training**

Date: Thursday 26th of September: Time: 2 - 4.30 pm; Venue: The Pelham. Contact [ana.mesinezi@rva.uk.com](mailto:ana.mesinezi@rva.uk.com) for more info

### **Training and Events at 3VA**

#### *How to Attract and Retain More Volunteers*

19 September, Uckfield

#### *A Guide to Fundraising*

30 September, Lewes

#### *Leadership and Management Development*

From 11 September for 15 weeks, Eastbourne

### **East Sussex College - Skills for the Future courses**

East Sussex College are running new Skills for the Future courses at all their sites for adults 19+ and on benefits. For more information contact [Elaine.Remon@sussexdowns.ac.uk](mailto:Elaine.Remon@sussexdowns.ac.uk)

### **Do you work or volunteer with children or young people?**

East Sussex Local Safeguarding Children Board offer a range of training courses to enable staff to identify and respond to child protection concerns and to become aware of ESCC Child Protection Procedures. <http://bit.ly/2CHXRmU>

# VOLUNTEER

## Volunteering Support

Are you a VIO (Volunteer Involving Organisation)? Do you know that we can help you with a range of support around volunteering - such as identifying and creating new volunteer opportunities, or transforming existing opportunities for your organisation, taking into account modern lifestyles. For more information about how we can help you or to promote your volunteering opportunities, contact Luke on 01424 217259 or email [luke.sanderson@rva.uk.com](mailto:luke.sanderson@rva.uk.com)

## Battle Abbey

are looking for keen individuals that like to work with young people and have an interest in history. Looking for Education Volunteers to deliver walking tours to 14-16 year olds. Full training will be provided, we have two training dates coming up on 22nd & 27th August at Battle Abbey. 01793 414752 or email [volunteer.enquiries@english-heritage.org.uk](mailto:volunteer.enquiries@english-heritage.org.uk)

## Youth Club Volunteers required for Crowhurst Youth Club

Crowhurst Youth Club is looking for volunteers for its Junior and Senior Youth Clubs operating in term time. Volunteers will be supported by the Youth Club Leader and Committee members. We are looking for enthusiasm and an interest in working with young people. Help will be provided to gain DBS clearance. An opportunity to build experience and broaden your CV.

- Junior Youth Club runs on Wednesdays 6.30-8 pm in term time (up to 11 years)
- Senior Youth Club runs on Fridays 6.30 - 8.30 pm in term time (up to 16 years)

For further information please contact: Sonia Plato at [howleyplato@gmail.com](mailto:howleyplato@gmail.com) or Alice Fauth at [alicefauth@yahoo.com](mailto:alicefauth@yahoo.com)

## Help needed

Bexhill Diabetes Support Group meet on the 2nd Tuesday of the month, but not August, in the Bagnall Hall, 25 Sackville Road, Bexhill-on-Sea, TN39 3JD from 14.00 – 16.00. Looking for anyone able to help with the running of the group or those affected by Diabetes in need of support . Further information from Administrator on 01424 214103 [www.bexhill-diabetes.co.uk](http://www.bexhill-diabetes.co.uk)

## People in Partnership – Volunteer Opportunities

People in Partnership are recruiting volunteer Strategic Representatives. Using your lived experience of mental health challenges and services, either personally or having cared for a loved one, you will work alongside the team to represent the client voice at meetings and events. With training and support, you will also have the opportunity to co-facilitate our Local Mental Health Action Groups, identifying local needs and gaps in care provision. If you are interested in becoming a volunteer please contact [michelle.trunchion@southdown.org](mailto:michelle.trunchion@southdown.org) (Tel. 07772613945), or come along and meet the team at our next local Mental Health Action Group on Thursday 19th Sept, 10.30am- 1pm Willingdon Trees Community Centre, Holly Place, Eastbourne BN22 0UT. Please visit our website for more information on the service and our activities. <https://www.southdown.org/mental-health-recovery/people-partnership-east-sussex>

### Hastings Homeless Service

St John Ambulance Homeless Service offers an accessible, flexible, psychologically-informed, nurse-led, primary healthcare service that is hugely valued by its client base of homeless and vulnerably housed people in Hastings & Rother, including many with multiple complex needs. We are now recruiting more NURSES and general support volunteers to join the team as the service continues to expand. Full training is given for all roles. Please click <http://bit.ly/2MjYgkS> for more information and application forms. Or contact Roger Nuttall (Nurse Co-ordinator): roger.nuttall@sja.org.uk / 01424 435358

***Send us your volunteer opportunities  
for inclusion in the RVA E Bulletin***

## E RESOURCES

### UK Civil Society Almanac 2019

NCVO launched the 2019 edition of the UK Civil Society Almanac. and download all the data and tables for free. The new data shows that overall levels of volunteering have remained stable. More than one in five people volunteered at least once a month for a group, club or organisation. However, lack of diversity continues to be an issue: formal volunteers are more likely to be older, well-educated and from higher socio-economic groups. <http://bit.ly/2yjdEWr>

### Primary care networks

Primary care networks (PCNs) are a crucial part of the NHS long-term plan, but what are they and how do they work? The Kings Fund unpack the role of primary care networks, <http://bit.ly/2Mjj8ZL> how they are developing and their impact on the way services are delivered. More here:

<http://bit.ly/2MwLuQr>

### Whole systems approach to obesity: a guide to support local approaches to promoting a healthy weight

This guidance is intended for local authorities and partners, including the NHS, local businesses and the community and voluntary sector. The guide covers: the role of local authorities; the benefits of taking a whole systems approach; and the six-phase process - each phase provides practical support.

<http://bit.ly/2yokav2> <http://bit.ly/2MonCyj>

### New micro charity Governance Code tool

NCVO have launched a new tool to support small charities to implement the Charity Governance Code. This toolkit is distinct from the small version of the Code. As a rule of thumb, this tool is intended for use by charities with an income of less than £100,000 per year with no paid staff. <http://bit.ly/2XfkBC4>



### Useful Links for cyber security for charities

- NCSC Small Charities Guide to Cyber Security - <https://www.ncsc.gov.uk/collection/charity>
- NCSC Board Toolkit - <https://www.ncsc.gov.uk/collection/board-toolkit>
- NWROC Website – including the monthly cyber safe newsletter – <https://www.nwroc.police.uk/protecting-you>
- NCSC Free online training for cyber awareness - [https://www.ncsc.gov.uk/static-assets/training/top-tips-for-staff-web/story\\_html5.html](https://www.ncsc.gov.uk/static-assets/training/top-tips-for-staff-web/story_html5.html)
- NCSC Response and Recovery Guide - <https://www.ncsc.gov.uk/collection/small-business-guidance--response-and-recovery>
- Cyber Essentials - <https://www.cyberessentials.ncsc.gov.uk/>

### The simple guide for setting up a charity

The Small Charities Coalition has created a comprehensive guide to how to set up a charity for those that are new to the sector. It also provides charities with information on establishing themselves and registering with the Charity Commission. <http://bit.ly/2VsmE55>

### VA Map of Voluntary Organisations

RVA is mapping the location and contact details of voluntary and community organisations ([map here](#)) based or active in Rother District. If you would like your group, club, charity, social enterprise or community organisation to be listed on the map please contact [luke.sanderson@rva.uk.com](mailto:luke.sanderson@rva.uk.com)

### Sandy Adirondack's legal update

Sandy's latest update <http://bit.ly/2ok2Ukn> includes information on : **Employment & volunteering ; Equality ; Legal structures & charitable status ; Risk, funding, finance & property**

### Update on East Sussex in Figures

**East Sussex in Figures (ESiF)** is the local information system (LIS) for the county. It's a website that provides access to essential data, information and analysis. Please **contact the Research and Information team** if you have any specific data or information enquiries.

### JSNAA website updates

The **East Sussex Joint Strategic Needs & Assets Assessment** (JSNAA) website The site contains both local and national resources for those who commission, provide or use health and social care services in East Sussex.

### Latest hr & employment law guide

Free Guide to changes in HR and Employment Law [Click here to download](#)

### Latest Health and Safety Law Guide

Free Guide to changes in Health and Safety Law <http://bit.ly/2GtbflLy>

# BITS & BOBS

## Senior Youth Club Leader required for Crowhurst Youth Club

Crowhurst Youth Club is looking for a Senior Youth Leader to run its Senior Youth Club from September 2019. Sessions are on Fridays from 6.30 - 8.30 pm and is open to young people from 11 to 16 years of age. The Youth Leader will work with volunteers and will be supported by the Youth Club Committee. We are looking for enthusiasm and an interest in working with young people. DBS clearance required. An opportunity to build experience and broaden your CV. For further information please contact: Sonia Plato, Chairperson, Crowhurst Youth Club on: [howleyplato@gmail.com](mailto:howleyplato@gmail.com)

## The big population health conversation - Online event

Wednesday 18 September 2019; 9.00am-4.00pm

This free-to-attend virtual conference focuses beyond health and social care to areas where there is untapped potential for local and national action to support healthier lives. We will explore how a wide range of organisations – across local government, the voluntary sector, the private sector and local communities – have it within their power to improve people's health. Through a series of three hour-long online events, you will hear how local areas are making positive strides in improving the social determinants of health and wellbeing by joining up health and care, leisure, housing, transport, town planning, employment, welfare and education. Don't miss this opportunity to be part of the conversation to find out more about your role in driving forward population health and how to build relationships with other key partners across the system. <http://bit.ly/2MjC9LD>

## Disclosure and Barring checks

For organisations needing help with DBS checks, HVA host Selcs (South East Language and Cultural Services) as an umbrella organisation on the last Thursday of every month. Booking Essential – contact Zoe Harris 07840 794777 or Pauline Lorence 07840 784595. Basic checks can be done online <http://bit.ly/2MmvzE8>

## Attention Deficit Hyperactivity Disorder Support Group for Hastings and District

The ADHD Support Group meets from 6.30pm to 8.30pm at the Y Centre in St Paul's Road, St Leonards on Sea TN37 6RS every other Thursday evening. The group welcomes members from 16 years plus who have a diagnosis of ADHD or suspect they have ADHD; adults who are supporting someone with ADHD, including children with a diagnosis, or adults with ADHD and a comorbid disorder such as autism.

For more information please call: Judith on 07970 717026 Or email [judemonk20@gmail.com](mailto:judem Monk20@gmail.com)

Supported by the ADHD Adult & Adolescent Network

## Recycling Cat food pouches

Rehose Cattery In Broad Oak (Furnace Lane, Broad Oak, Brede, TN31 6ES) are now a collecting point for empty food packaging which cannot be put into usual recycling bins with Terracycle offering funds to 2

local cat rescue centres. If you are unable to get to Broad Oak please take clean packaging to any BEG event and they will transport for you.

### **The Sussex heatAlert service**

The Sussex heatAlert service is now 'live' giving information and advice with regard to keeping safe and well in hot weather and alerts when a heatwave is due in your area. Why not register to receive alerts and check out their information: [www.heatalert.org.uk](http://www.heatalert.org.uk) There is further information on the health risks associated with hot weather and heatwaves on the NHS Choices website: <https://www.nhs.uk/live-well/healthy-body/heatwave-how-to-cope-in-hot-weather/>

### **Sussex Air**

If you would like to check the quality of the Air in Sussex, or check on any possible alerts, why not check <http://www.sussex-air.net/>

### **National Careers Advice Service**

If you are looking for support with finding a job, whether that is due to wanting a career change, redundancy or returning to work following a period of ill health, the National Careers Advice Service can offer free impartial advice. Why not find out more? Call: 0800 100 900 (8am-10pm, 7 days a week), visit their website: [nationalcareersservice.direct.gov.uk](http://nationalcareersservice.direct.gov.uk) or connect on Facebook and twitter: @CareersSE

### **Free legal assistance**

The Not-for-Profits Programme from Law Works is for small not-for-profit organisations that cannot afford or would struggle to pay for legal advice. Where a not-for-profit organisation needs help with a one-off legal issue, Law Works match the organisation with a volunteer lawyer from its network of member law firms and in-house legal teams who can advise on that matter. The advice is given for free (pro bono). Examples of discrete matters volunteers can help with include:

- drafting a contract
- updating a constitution/articles, or
- clarifying rights in a commercial dispute.

You can find out more about eligibility and how to apply for legal advice here. <http://bit.ly/2EDcHfy>

## **DATES FOR THE DIARY**

### **Rye Sailability**

Rye Sailability offer sailing opportunities for people with disability from Rye Harbour, the dates for the rest of the season are:

- Saturday 3rd August High Water 1.30pm start 11.30am
- Wednesday 21st August High Water 3pm start 1pm

- Saturday 14th September High Water 12.20pm start 10.30am
- Saturday 12th October High Water 11.18am start 09.30am

For more information contact Caroline Wylson, Chair RHSC Sailability on 07808 156352 or 01797 223112.

### **St Michaels Hospice - Coming to talk at a village hall near you**

What do you know about the work that we do? What thoughts and ideas do you have about end of life care? What happens in your communities already How can we work together to support people facing end of life? Interested in getting involved in the conversation? During July and August we will be visiting villages across Hastings and Rother to hear what you have to say. Please come along:

- Thursday 1st August 10.00am -12.00pm The Bell, Ticehurst
- Thursday 1st August 2.30pm - 4.30pm Robertsbridge Village Hall
- Friday 16th August 2.30pm - 4.30pm St Michael's Hospice
- Wednesday 21st August 10.00am -12.00pm Pett Village Hall
- Wednesday 21st August 2.30pm - 4.30pm Northiam Village Hall
- Friday 23rd August 10.00am -12.00pm Stonegate Village Hall
- Friday 23rd August 2.30pm - 4.30pm Sedlescombe Village Hal
- Wednesday 28th August 6.00pm - 8.00pm St Michael's Hospice
- Thursday 29th August 10.00am -12.00pm Iden Village Hall
- Thursday 29th August 2.30pm - 4.30pm Winchelsea Village Hall

Should you have any queries please contact Karen Mason on 01424 456367 or email [kmason@stmichaelshospice.com](mailto:kmason@stmichaelshospice.com) or [www.stmichaelshospice.com](http://www.stmichaelshospice.com)

### **Family Fun Summer DIY courses - August at All Saints Church, Sidley**

Heart of Sidley and Optivo are organising a series of family DIY courses in August to build a Sleigh for Santa's Grotto. For more information contact Heart of Sidley – Tanya Vice [Tanya.vice@optivo.org.uk](mailto:Tanya.vice@optivo.org.uk) or 07866046106

### **Battle Walking Football**

Every Tuesday 10.30-12.00 Open to men and women, a fun friendly way to be active, make friends and enjoy a complimentary tea or coffee. Held at Battle Recreational Ground MUGA, TN33 0HB. For more details contact Gary Walsh 07870 854116 [walshgaryp@aol.com](mailto:walshgaryp@aol.com)

### **The Heart of Sidley Family Fun Day**

The event is completely free to attend and will take place on Friday 16 August 2019 11am-3pm on Sidley Recreation ground, Canada Way, Sidley. Come along and enjoy a wide range of activities suitable for all age groups – young and old, from obstacle courses and bouncy castles to gardening activities with The Bexhill Neighbourhood Gardeners, The Pelham Penalty Shoot Out, Craft fun with the De la Warr Pavillion & Bexhill Lions and Targeted Youth Service teams, Active Rother sports, Powerhooping, Beat the Buzzer with Osborne and face painting. Uncle Bumble will be keeping us updated on what's going on during the day - there will be something for everyone to enjoy. In the arena area we will have various displays from Sidley Cricket Club, New Thing Academy, The Tornado Twirl Stars Hastings and Kickboxing

with FCA Freestyle Combat Academy. Please call or email Tanya 07866 046106 –

[Tanya.vice@optivo.org.uk](mailto:Tanya.vice@optivo.org.uk) / Katie 07866 046134 – [Katie.oliver@optivo.org.uk](mailto:Katie.oliver@optivo.org.uk) with any queries.

### **Family Events in Bexhill -August**

Rother Voluntary Action will be running a number of family activities in Bexhill through August 2019.

From beach school sessions to arts/craft and more. For more details please visit our Facebook page

@RotherVA or contact us directly on 01424 217259. <http://bit.ly/2MkmBHg>

### **Beach Clean - Cooden**

Mastersport & Play Tuesday 6th August at 10 am by Cooden Beach Hotel. BEG in partnership with Mastersports are organising a beach clean from Cooden Beach Hotel west towards the Masterport Beach Hut near the end of Herbrand Walk. There will be refreshments and an opportunity to create arts and craft items from the rubbish.

### **Bexhill Dementia Action Alliance – upcoming events:**

- Memory Walk 2019 – Sunday 15th September 11.00am De La Warr Pavilion
- Film Showing – Viva Las Vegas 18th September. The film show will be held at the Orangery starting at 2pm for the dementia friendly screening.
- AGM –5th November. Bagnall Room, Sackville Road following Singing Down Memory Lane and a sandwich lunch. Look out for more details.

To book or find out more please contact: Email [Bexhilldaa@gmail.com](mailto:Bexhilldaa@gmail.com) Text/phone 07786 024036

### **Bexhill Environmental Group - things to do for July**

- Bexhill Cemetery – Clearing and Tree Planting - July 27th August 31st, September 28th 9-11 If you can bring a scythe, sickle or fork that would be very useful.
- Beach Cleans start again in October, look out for details!

<https://www.bexhillenvironmentalgroup.org.uk/>

### **Deaf Outreach Summer Diary**

These are drop-in sessions, so no need to book. However, all visits are subject to change, so please do check before making a special trip. Times: 10:30am-3.30pm

- Thurs 1 Aug Herstmonceux Village Hall Car Park, BN27 4JX
- Thurs 29 Aug Fairlight Village Hall Car Park, TN35 4DA

### **Hard of Hearing Support Groups - Summer Timetable**

#### **Bexhill**

- 15 August 10.30am to 12.00 pm Parkhurst Hall, Parkhurst Road, Bexhill TN39 3JB

#### **Drop-in days (Tuesdays and Wednesdays)**

- Information & advice 10am-4pm
- NHS hearing aid maintenance 10am-12noon and 2pm-4pm

Held at ESHRC premises: 8 St Leonard's Road, Eastbourne, BN21 3UH

### **Electric Blanket Testing 2019 - East Sussex Fire & Rescue Service**

East Sussex Fire & Rescue Service (ESFRS) has arranged Electric Blanket Testing sessions across East Sussex and Brighton & Hove this autumn between 9 and 18 October. Please spread the word among those with whom you work to help ESFRS reach people who may benefit from this service. ESFRS will not be able to collect electric blankets this year and suggests that if people are unable to attend an event, they ask a family member, friend, carer or neighbour to bring their electric blanket along to the event on their behalf. If you require any further information on these events or if you would like copies of either a poster or flyer, please contact Alex Hayward on 01323 462 444 or at [alex.hayward@esfrs.org](mailto:alex.hayward@esfrs.org).

- Monday 14th October 9am-3pm at Bexhill Caring Community, Sackville Road
- Friday 18th October 10am-12pm at Battle Fire Station and 2-4pm at Bohemia Road Fire Station, Hastings

<https://www.esfrs.org/your-safety/safer-homes/electric-blankets/>

### **High Weald Walking Festival - save the dates!**

Explore our historic landscape and stunning scenery from 14 to 22 September this year. We're planning a host of inspiring free walks on themes such as local history, creative writing, wildlife and geology. If you could lead an interesting themed walk, we'd love to hear from you at [info@highweald.org](mailto:info@highweald.org). Sign up for Walking Festival updates at <http://bit.ly/2WA27fN>

### **Save the date! The Big Event**

The Big Event 2019 will take place at the International Lawn Tennis Centre, Eastbourne on Tuesday 24th September. The theme for the event will be announced shortly, with programme and booking details to follow closer to the date. To receive Big Event email updates, please email [speakup@3va.org.uk](mailto:speakup@3va.org.uk)

### **Communities Against Exploitation**

is a collaborative campaign involving Safer East Sussex, Stop the Traffik and RVA. We will be highlighting how the wider community can help in combatting the exploitation of vulnerable people in Rother. See us here:

- 7th & 8th September - Bexhill Festival of the Sea . Come and chat to us.
- 26th September - We will be running Exploitation training and awareness to organisations which support individuals and groups who are vulnerable in our community - such as those with mental health issues, at risk or experiencing homelessness or may have substance misuse issues - this will take place at Bexhill Safe Space St Barnabas Church
- 8th October - Local Business event with Hastings Direct. Communities Against Exploitation will be hosting an event for roughly 30/40 Companies to inform them about exploitation. Natwest will also be giving a presentation. Hasting Direct will be talking about how they are tackling fraud and modern slavery.
- 14<sup>th</sup> October - My Mind is Free production. MIND IS FREE is a powerful interpretation of the degradations of human trafficking. It tells the interlinked stories of four people trafficked to and within the UK and their horrifying tales of abuse, exploitation and enslavement. Their stories reflect the four main types of trafficking in the UK. The production. The show educates and

raises awareness of human trafficking. The production will take place at the Izzard Theatre on. More details to follow

- 16th October - Cyber Prevent Team of the South East Regional Organised Crime Unit will be delivering three events in Bexhill
  - o Cyber Champions session at St Richards College
  - o Cyber Interactive Quiz at Bexhill College
  - o Cyber Prevent for local education staff at Bexhill College

Further details and sessions will be available on facebook

<https://www.facebook.com/CommunitésAgainstExploitation/> but if any school/college or organization wants to have further information please contact [lucy.spencer@eastsussex.gov.uk](mailto:lucy.spencer@eastsussex.gov.uk) or [lindsay.white@rva.uk.com](mailto:lindsay.white@rva.uk.com)

### Farmers Markets

- **Rye: Every Wednesday** – 10am till noon Car Park of the Cinque Ports Inn, Cinque Port Street
- **Bexhill:** Every Friday morning - Devonshire Square
- **Robertsbridge** Village Market: First Saturday of every month 10am in the Village Hall
- **Brede** : Village Hall 10-12.00pm; Fridays
- **Beckley** : Second Saturday of the month Village Hall 10am-12pm
- **Crowhurst** : First Saturday of the month Village Hall 10am-12pm
- **Peasmarsh** : Memorial Hall the last Saturday in every month 9am to 12noon

### Health Walks

- **Rye:** every Monday 10 am - meet at Gibbets Marsh Car Park
- **Combe Valley:** every Monday 11am – meet on Sidley Green outside the New Inn
- **Robertsbridge:** every Tuesday 9.30am - meet outside Robertsbridge Youth Centre
- **Bexhill:** every Friday 11.00am - meet in the foyer of the De la Warr Pavilion
- **Battle:** every Friday 10 am – meet on The Green opposite Battle Abbey
- **Fairlight:** specific Mondays 10.30am – Meet outside Fairlight Village Hall. 20th March; 3rd April; 17th April; 1st May; 15th May. For more information, contact: Lorna Neville, Health Walks Project Officer [lorna.neville@tcv.org.uk](mailto:lorna.neville@tcv.org.uk)

### Other Walks

- **Ticehurst:** every Monday 10.30am - meet at Pickforde Lane car park – Contact Peggy Langdown for more information on 01580 200599
- **Ticehurst:** every Friday. The Friday walk is for 30 minutes, and starts at 10.30am at Pickforde Lane car park.
- **Battle Ramblers offer** a full WALKS PROGRAMME for October to December 2017 For more information, see [www.battleramblers.org](http://www.battleramblers.org)
- **TCV health walks across East Sussex**  
<https://www.walkingforhealth.org.uk/walkfinder/east-sussex-health-walks?mini=2017-12#schemedetails>
- **Bexhill TCV East Sussex Health Walks** : 1st and 3rd Wednesday of the month. Meet at 11 am at Ravenside outside the swimming pool. Free friendly regular walks No need to book. Just turn up

### Events In Bexhill

- Community Supporters Bexhill <https://www.facebook.com/groups/614823751995650/>
- Discover Bexhill <http://www.discoverbexhill.com/>
- **TeamUp Bexhill** support community action, organise local events through our volunteer events group Bexhill Event & Support Team (BEST), offer training courses and workshops, and offer help and advice to individuals looking to set up or organise community activities. Their monthly update is available here <http://www.teamupbexhill.community/>

### Events In Battle

- Try the Battle town diary here <https://www.battlesussex.co.uk/events/>

### Events In Rye

- Try the Rye town diary [here http://www.ryesussex.co.uk/event-diary.asp](http://www.ryesussex.co.uk/event-diary.asp)
- Rye News: What's on? [here http://www.ryenews.org.uk/whats-on-guide](http://www.ryenews.org.uk/whats-on-guide)

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Feel free to send us details of events or news you would like circulated to communities in Rother. The RVA E-Bulletin is sent monthly to over 700 organisations operating in Rother monthly. Submissions are free. Please note we reserve the right to shorten submissions without approval from the original authors. Send any news or diary dates to [martin.fisher@rva.uk.com](mailto:martin.fisher@rva.uk.com)

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