

Rother Voluntary Action E-BULLETIN



Old Bank Chambers
1 Buckhurst Road
Bexhill
TN40 1QF
01424 217259

Company No: 05333784
Registered Charity No: 1117546
Chair: Dennis Smith



NAVCA
Quality
Award

Edition 67
March 2014

RVA ANNUAL SURVEY

We at RVA would greatly appreciate it if you would take 5 minutes to **complete a survey** on your views of issues affecting the voluntary and community sector and the services we at RVA provide. It is anonymous but will enable us to evaluate and improve our services. Thank you for your help.

<https://www.surveymonkey.com/s/D7CVSWT> .

NEWS

SELECT COMMITTEE QUESTIONS IF CHARITY COMMISSION IS FIT FOR PURPOSE

An investigation into the performance of the Charity Commission has condemned it **as feeble and not fit for purpose**. Find out more <http://bit.ly/1fT6ci0>

NEW BIG CHIEF LAUNCHES WHOLESALE STRATEGIC REVIEW

The Big Lottery Fund is embarking on a **strategic review** that will underpin its direction and priorities for the next three to six years. Find out more <http://bit.ly/1fT6lIj>

LOCAL AUTHORITY ADULT OBESITY DATA RELEASED

New local authority excess weight data published by Public Health England (PHE) confirms **that 64% of adults are overweight or obese**. Find out more <http://bit.ly/1fT6rcU>

GUIDE TO REFERRALS TO THE DBS

The Disclosure and Barring Service has published a new edition of its 'Referrals: guide for employers and volunteer managers' to help them **understand their legal duty** to make a referral to the DBS

when one of their workers or volunteers has harmed or poses a risk of harm to a child or vulnerable adult. <http://preview.tinyurl.com/c2gjzmu>

EMPLOYER TIPS ON WORK EXPERIENCE WORK

Personnel professionals body CIPD has published 'Making work experience work - **top tips for employers**'. It draws on a range case studies to give practical advice, <http://bit.ly/1fT6FRt>

SECTOR EMPLOYS LESS YOUNGSTERS

According to Skills Effect (the new name for Skills Third Sector) the voluntary sector is **lagging behind private sector in employing young people**. Just over a half of voluntary sector employers recruited a young person aged under 25 in 2012, compared to almost two thirds of private sector employers, based on analysis of the Employer Perspectives Survey. <http://bit.ly/1fT6TrN>

NEW STATUTORY PAYMENT AMOUNTS ANNOUNCED FOR 2014

The Department for Work and Pensions has announced the **proposed new rates for Statutory Sick Pay (SSP), Statutory Maternity Pay (SMP), Statutory Paternity Pay (SPP) and Statutory Adoption Pay (SAP)** for tax year 2014/15. The proposed revised rates are as follows: The standard weekly rate of SMP and the weekly rates of SPP and SAP will increase from £136.78 to £138.18 – it is assumed this will be for payment weeks commencing on or after Sunday, 6 April 2014. The prescribed weekly rate of Maternity Allowance will also increase from £136.78 to £138.18. <http://bit.ly/1c7IBA6>

NATIONAL INSURANCE EMPLOYMENT ALLOWANCE

Sandy Adirondack's Legal Update has information on the 'employment allowance'. From April, employers will be eligible for **an allowance of up to two thousand pounds**, to reduce their annual national insurance contribution. <http://bit.ly/1c7IHYm>

COMMUNITY SHOPS

The Plunkett Foundation and Ecology Building Society have launched a **bespoke mortgage package** for community-owned shops. <http://bit.ly/1c7odOj>

COMMUNITY ENERGY PROJECTS

The Government has announced its first Community Energy Strategy. Under the strategy, the Government will **broaden the support available for community energy projects**, whereby people come together to reduce their energy use or purchase and generate their own energy.

<http://bit.ly/1c7omBv>

CARE QUALITY COMMISSION

CQC has announced they are **inspecting all GP out of hours services** between now and June 2014 and are inviting feedback about the quality of out of hours services. They have also published documents describing how they plan to inspect primary, community and mental health services in future. <http://bit.ly/1c7oFfA>

INFORMATION SHARING

The Department for Education has published advice for professionals on **when and how to share information about children, young people and families**. to help practitioners and their managers decide when and how to share information legally and professionally. <http://bit.ly/1c7pOUv>

RELATIONAL STATE

A new report from think-tank IPPR sets out how a **radical transformation of the public sector**, with a greater role for community and voluntary groups and a highly personalised approach to the way services are designed, is vital to meet future fiscal targets. <http://bit.ly/1c7qetW>

FUNDING FOR CHILDREN'S SERVICES INNOVATION

The government has opened funding applications to a **children's services innovation programme**, with priority areas for the first year of developing new models of social work practice and rethinking support for vulnerable adolescents in or on the edge of care. CYP Now news item <http://preview.tinyurl.com/ky75qmr>

HELP WITH RECORD CHECKING AIMED AT CHILDREN'S ORGANISATIONS

Children England, the Disclosure and Barring Service and the National Council for Voluntary Youth Services have worked together to produce 'Our Decision'. This guide provides organisations working with children, young people and families with **a resource to support them with the Disclosure and Barring Service application process** and effective decision-making related to the level of supervision and checking required for different roles. <http://www.ncvys.org.uk/preview.php?page=830> or download from <http://www.ncvys.org.uk/UserFiles/OurDecision.pdf>

LOCAL NEWS

SUSSEX & SURREY CARE SHOWCASE 2014

Care Showcase 2014: Driving up the Quality of Social Care will be held **on Tuesday, 11 March** at Brighton Racecourse in Freshfield Road, Brighton BN2 9XZ. In addition to finding out what you need to do to meet the changing social care agenda, you will learn how to make the most of funding for training, explore strategies to ensure your care services are rated as the best quality, gain practical business advice for the future and find out how to work towards best outcomes for service users. <http://bit.ly/MtaBk4>

SKILL SHARE TRAINING BURSARIES AND FREE COACHING

Don't forget that if you work with children, young people and families in East Sussex you can apply for a training bursary of up to £500 **to help staff and volunteers attend training courses and events** or to gain a qualification. You can also apply for up to 14 hours of free coaching through the Skill Share programme. If you have any questions about the scheme please email info@sparknetwork.org.uk <http://bit.ly/MtaMfa>

HEALTH AND WELLBEING NEWS

The East Sussex Health and Wellbeing Board **quarterly bulletin** for spring has recently been published. If you are involved or interested in improving health and wellbeing in East Sussex, please take a look! <http://bit.ly/MtaWDI>

FREE WINTER HOME CHECKS

Are available from East Sussex County Council On average, **45 East Sussex households each week are benefiting from the Winter Home Check service**. The Home Check includes: a full assessment of your home to identify how to keep it warm; small preventative works such as improving insulation, repairing boilers, clearing gutters, lagging pipes and clearing chimneys; providing emergency temporary heating; advice on getting help with the cost of heating your home. Who can apply? be in receipt of one of the following benefits: Pension Credit; Child Tax Credit (and your income is £15,860 or less); Working Tax Credit (and your income is £15,860 or less) – plus one of the extra conditions below; Income Support – plus one of the extra conditions below; Income-based Jobseeker's Allowance Contact Social Care Direct on 0345 60 80 191 <http://bit.ly/1fSZ0T8>

JOIN THE GIANT MARCH FOR ROAD SAFETY

10am on Wed 11 June 2014. At 10am on Wed 11 June 2014 thousands of kids will march for road safety, raising awareness of the dangers of traffic, the benefits of walking and asking drivers to **make communities safer** by slowing down around schools and homes. Register for a FREE pack including banner and stickers! Online www.giantwalkingbus.org Phone 01484 550061 Email walkingbus@brake.org.uk

FUNDING & SUPPORT

SUSSEX COMMUNITY FOUNDATION

In their last two grants rounds, SCF gave out £576,781 in grants to 156 charities and community groups in Sussex. The next grant application deadline is **Friday 11 April, 5pm**. <http://bit.ly/1fT706K> for more information on how to apply or call 01273 409440

HASTINGS EXCHANGE SEED FUND

Are you based in Hastings or Rother? Do you have a good idea for a community-university partnership project? Would you like up to £5000 to explore new work together? Then the Hastings Exchange Seed Fund is for you! The Hastings Exchange has been created to bring together all of the economic and social engagement work which the University of Brighton does in Hastings and Rother with the underlying principle of partnership working and sharing knowledge. **The seed fund is now open to new applications and the deadline is 14 March 2014**. For further information visit: <http://digbig.com/5bjjcg> or contact Ceri Davies on 01273 644557

STARBUCKS YOUTH ACTION

Deadline for applications: 17 March 2014. UK Youth Action and Starbucks have partnered to offer **funding of up to £2,000** to young people across the country to deliver a project making a positive difference to people in their community <http://bit.ly/1c7sqBK>

RVA DBS Checks

RVA now offers a DBS Checking Service. For more information on costs and the process contact sam.stone@rothervoluntaryaction.org.uk

SUSSEX PCC LAUNCHES £200,000 COMMUNITY FUND

Sussex Police & Crime Commissioner, Katy Bourne, has established a new fund to support local voluntary and community groups tackle crime and improve community safety. The Fund, worth £200,000, will support local projects that address the priorities outlined in Mrs Bourne's Police and Crime Plan. **Awards of up to £5,000 will be granted.** In exceptional circumstances the Commissioner will consider requests for funding above £5,000. Funding will be granted quarterly and the first deadline for applications is 31st March 2014 <http://bit.ly/18Y0TPo>

TREES FUTURE GRANTS

The Tree Council has opened funding for 2014. They offer help for tree planting through grants programmes open to any school or community group that actively involves children under 16. It includes funds for fruit tree planting through the Orchard Windfalls fund. Grants awarded will cover 75% of the total costs of projects, which should be between £100 and £700. **Deadline for applications is 31 March 2014**, so log it in your diary. <http://bit.ly/1ez6Roi>

PEOPLE'S POSTCODE TRUST SMALL GRANTS PROGRAMME

The only round of the People's Postcode Trust for the South of England in 2014 will be Quarter Two. The opening date will be 5 April 2014 and **the closing date 20 May 2014**. Through the Trust, funding has been available for projects that provide assistance in one or more of the Trust's following fields of operation:

- Prevention of poverty; reduction of distress and suffering.
- Promote, maintain, improve and advance health.
- Advancement of citizenship or community development.
- Advancement of public participation in sport.
- Advancement of human rights, conflict resolution or reconciliation.
- Advancement of environmental protection or improvement.

Registered charities, SCIOs, constituted voluntary and community groups, social enterprises, community interest companies (CIC), not-for-profit organisations and sports clubs are eligible to apply. Grants normally range from £500 to £10,000 for organisations in Scotland and England and up to £5,000 for those in Wales. For more information, please visit the Postcode Trust website.

<http://www.postcodetrust.org.uk/>

PAYROLL SERVICE

RVA offers local organisations a Payroll Service. This service **helps groups and organisations** with HMRC's Real Time Information (RTI) reporting in respect of payroll. If your group employs even one person, compliance is mandatory, so please contact Lorraine Brown at RVA

lorraine.brown@rothervoluntaryaction.org.uk on 01424 217259 or download our leaflet from <http://bit.ly/15DQNYM>

YORKSHIRE BANK AWARDS

Yorkshire Bank have launched their Community Awards for 2014, open to groups across England and Scotland. There is one prize of £10,000 plus 3 of £5,000 in each of three categories - education, employability or environment . **Closing date is 31 March.** <http://bit.ly/1c7sls7>

ERASMUS +

This is the new EU programme for lifelong learning. It supports formal, non-formal and informal learning throughout the education, training and youth fields. Support is also available for grassroots sport activities and policy cooperation in the field of sport. Deadlines are in March. As with any European funding scheme, it's not for the faint hearted. <http://bit.ly/1c7sMba>

PROTECTED PLAYING FIELDS

The programme from Sport England awards around £4 million in each funding rounds. It supports projects which create new natural turf pitches or improve existing ones that need levelling or drainage works. This might be a busy round! **The deadline is 24 March.**

<http://bit.ly/1c7sQle>

ADVICE

Sam Stone, the RVA Community Services Coordinator is available **to talk to groups about funding opportunities**. She has been accredited as a Funding Advisor through Fit 4 Funding and can be contacted at sam.stone@rothervoluntaryaction.org.uk or on 07758255851

CONSULTATION

RESEARCHING THE CHARITY IMPACT OF WELFARE REFORMS

NCVO has set up a year-long research project into the **effects of recent welfare reforms on charities** and their beneficiaries. It will take evidence from charities and is intended to inform thinking on any future changes to welfare policy. NCVO news at <http://preview.tinyurl.com/p65mxwz>

INDEPENDENT PANEL TO REPORT ON ENGLAND'S PUBLIC LIBRARY SERVICE

An independent report on the public library service in England has been commissioned from philanthropist, entrepreneur and publisher William Sieghart. The report has been jointly commissioned by the Culture Department and the Department for Communities and Local Government. Mr Sieghart will lead an expert panel to take evidence and report to ministers by the end of the year. Key questions for the panel to address include: What are the core principles of a

public library into the future? Is the current model of delivery the most comprehensive and efficient? And What is the role of community libraries? **A call for evidence has been issued today which seeks information by Friday 21 March.** <http://bit.ly/1c7tyoQ>

LOCAL NHS CONSULTATION

The three NHS Clinical Commissioning Groups in East Sussex (Eastbourne, Hailsham and Seaford CCG, Hastings and Rother CCG, High Weald Lewes Havens CCG) have today (January, 14 2014) launched a 12-week public consultation **on the future of local maternity, in-patient paediatrics and emergency gynaecology services**. The 12-week consultation period started on January 14 and finishes on 8 April 2014. CCGs are consulting on six potential options for providing these services in a safe and sustainable way in the long term across hospital sites at Eastbourne, Hastings and Crowborough. The options have been developed by senior local doctors, nurses, midwives and other experts, informed by extensive public and clinical engagement since the launch of the Better Beginnings review last summer. There is no preferred option at this stage. The consultation will enable us to continue to hear the views of patients, public and stakeholders and this will inform the CCGs' final decision, which is likely to be made in July 2014. For more information visit <http://www.betterbeginnings-nhs.net/> email hrccg.betterbeginnings@nhs.net, call 01273 403563 or write freepost to Better Beginnings, East Sussex CCGs, Freepost SEA2474, BN8 2ZZ. People can also keep up to date with the Better Beginnings review on twitter www.twitter.com/BetterBeginsES and facebook www.facebook.com/betterbeginningseastsussex

TRAINING

FINDING THE FUNDS

13 March 2014, Hastings. This basic training will increase awareness of the range of funding sources available, look at how to complete a funding application, and help your group to plan ahead. For more information and to book a place, 01424 444010. <http://bit.ly/1c7tlg7>

CHILDREN PROTECTION LEVEL 1: INTRODUCTION TO CHILD PROTECTION

18 March 2014, Eastbourne. This is a free introductory course on Child Protection, open to anyone working with children or young people in the voluntary and community sector. For more information and to book . <http://bit.ly/1c7tVjj>

VOLUNTEER CENTRE MASTER CLASS: WRITING YOUR VOLUNTEER POLICY

20 March 2014, Hastings. There comes a time when almost every volunteer manager is asked to write their organisation's volunteer policy. You feel nervous trepidation...what...how?... why?! Fear not! This master class will take you on a journey that demystifies the whole process and shows you how to produce a volunteer policy that is both easy to read and easy to understand. For more information and to book, <http://bit.ly/1cWuBTR>

SUSSEX COMMUNITY FOUNDATION BRIEFING

25 March 2014, Hastings. Sussex Community Foundation is a significant local funder, with a particular emphasis on tackling deprivation and disadvantage. In this briefing, Mary Carruthers will tell you the latest news from Sussex Community Foundation, the range of grants currently available,

the application process and tips for filling in an application form. For more information phone 01424 444010. <http://bit.ly/1c7tlg7>

INTRODUCTION TO MANAGEMENT

27 March 2014, Eastbourne. This one-day workshop explores the essential elements of being an effective manager/leader. It provides an opportunity to consider the leadership responsibilities and skills associated with the role, introduces the continuum of leadership styles and explores the skills necessary to work within and lead a team. For more information and to book, <http://bit.ly/1c7u867>

BIG ENERGY SAVING TRAINING

If you are a volunteer or frontline worker working with vulnerable households in Rother RVA together with Energise Sussex Coast are able to offer you **FREE training in how to advise households on lowering their energy bills** by switching energy suppliers, or tariffs or payment methods. If you are interested in receiving this short 2 hour training contact Richard Watson on 07854 951325 richard@energisesussexcoast.co.uk or Sam Stone on 07758255851 sam.stone@rothervoluntaryaction.org.uk

THE NEXT WRAP COURSE FOR CARERS

Monday, 10 March in Hastings: Venue: Carisbrooke House, Stockleigh Road, St Leonards on Sea TN38 0ES Session dates: 10 March, 17 March, 24 March, 31 March, 7 April, 14 April
Session times: 10.30am - 1.30pm. **The courses are aimed primarily at carers of people with functional mental health needs and carers with their own mental health needs.** However, it is likely that there will be spaces on some of the courses for other carers who may benefit so please contact us to discuss if you would like to attend whatever your caring situation. The courses are free of charge. If you would like to find out more about WRAP whatever your caring situation please contact Molly on 07507 734 370 molly@coastalwellbeing.co.uk or Lucy 07598 323 254 lucy@coastalwellbeing.co.uk www.coastalwellbeing.co.uk/wrap-for-carers/

FREE MENTAL HEALTH WELL BEING TRAINING

8 March, 10am – 1pm, Battle Memorial Hall, 81 High Street, Battle. Would you like to know more about mental health and ways you can support the young people you work with? If so, the MHFA Lite course run by Mental Health First Aid may be for you – this is **an introductory mental health awareness course that will teach you what mental health is and about common mental health problems.** We are able to offer staff and volunteers an opportunity to do this course for FREE in March. But places are limited so please get in touch ASAP to book a place. Closing date for booking: Friday 28 February 2014.. How to book – please complete the booking form below and email it to jennywingate@sparknetwork.org.uk or call 07921 485 813 with any queries. For more information about Mental Health First Aid, please see their website www.mhfaengland.org

SOCIAL CARE TRAINING

East Sussex County Council **provide a range of training for those working in health and social care** (and open to the voluntary and community sector). All courses are FREE, so have a look online at the Social Care Training Prospectus <http://bit.ly/1ezacni> to see what topics are covered. For more

information, please contact Debbie Mepham on 01323 463337, Hannah Shemza on 01323 466024 or by emailing dps.training@eastsussex.gov.uk.

E Learning

COLLABORATION FOR SMALL CHARITIES

From The Guardian's Voluntary Sector Network 'How to collaborate and partner with other sectors as a small charity' - a successful collaboration requires understanding what you want to achieve, finding the right partner and communicating, <http://preview.tinyurl.com/mkwf4kr> Part of a new series of guides for small charities, <http://preview.tinyurl.com/k6s9qsn>

CREATING AN ESSENTIAL MEDIA TOOLKIT

CharityComms has a short article on **being prepared in case a media opportunity occurs**: 'The essential media toolkit' <http://www.charitycomms.org.uk/articles/the-essential-media-toolkit>

PUBLIC HEALTH E LEARNING TOOLKIT

The UK Health Forum has launched a **new e-learning portal**, called Public Health e Learning Toolkit (PHeLT). PHeLT has been created specifically to provide free support in using information for those working in public health, who may not have access to other e learning resources.

<http://bit.ly/1c7uEB3>

EVALUATING VOLUNTEER IMPACT

Clinks' volunteer evaluation toolkit helps voluntary organisations **working in criminal justice** assess the impact of their volunteers. It includes advice on how to plan your evaluation and collect the data; sample surveys and interview questions; and tools for recording and analysing the information you collect. <http://bit.ly/1c7uRnl>

AUDIO STORIES PROVIDE LEARNING FOR CHARITY TRUSTEES

The charity regulator for England and Wales, the Charity Commission, has produced two new audio podcasts to help charity trustees understand their duties under charity law. 'Internal Financial Controls: What can your charity learn from this horror story?' is based on a fictional charity, while 'Conflicts of Interests: What can your charity learn from this case study?' is based on a real Commission case. Commission news item at <http://preview.tinyurl.com/knfjtd> or find the audio files at <http://preview.tinyurl.com/oejejt>

BETTER CARE FUND

Carers Trust has produced a **new toolkit** setting out what is included in the Better Care Fund and how it applies to carers. The toolkit includes checklists for local carers' organisations which will help ensure that commissioners are aware of the requirements to invest in carers' support using the

Better Care Fund. The checklists can be used to help local carers' organisations develop proposals for the funding and ensure that local Better Care plans follow the national guidance.

<http://bit.ly/1c7vC0c>

'CAN DO' – GUIDE FOR ORGANISERS OF VOLUNTARY EVENTS

Voluntary and community events are an important aspect of everyday life that help to encourage and enable people to participate, and play a more active part, in society <http://bit.ly/1cyd7Qx>
Available at <http://bit.ly/1cydaMe> the guide has seven parts with links to more specialised guidance Part 1: What do I need to think about when planning an event; Part 2: Do I need any licences or other sort of permission; Part 3: How do I keep organisers, volunteers and participants safe; Part 4: How do I make sure that food and drink is safe; Part 5: Can I close a road; Part 6: Do I need insurance; and Part 7: Am I planning an event for which there is specialist guidance elsewhere?

YOUR GUIDE TO ORGANISING A STREET PARTY

<https://www.gov.uk/government/publications/your-guide-to-organising-a-street-party>

This step-by-step guide **provides practical advice for anyone looking to hold a street party**, whether it is to celebrate a national or local event, to take part in the Big Lunch in early June each year, or just to get together with neighbours. It addresses some of the popular myths surrounding street parties and sets the record straight on what is actually needed (including on road closures, charges, playing music and insurance) as well as providing links to organisations who offer advice and support to people planning their own street parties. The guidance includes a simple form you can use to let your local council know about your plans and apply for a road closure, or you can look for guidance on your council's own website. <http://bit.ly/1cydNFs>

DATES FOR YOUR DIARY

KEEP WARM / ENERGY SWITCHING ADVICE EVENTS

- Keep Warm event Rye. Wednesday 5th March from 11am-2pm bring your energy bills for one to one switching advice.
- Keep Warm event Northiam. Friday 7th march 10am-1pm Also Rye partnership's employability roadshow will be there for training, volunteering
- Keep Warm event Brede. Friday 14th & 21st March. Switching advice at Brede farmers market
- Keep Warm event Sidley. Wednesday 26th March, Sidley Children's Centre 9.30am-11am
- Keep Warm event Sidley. Thursday 27th March, Sidley Community Centre 10am-12pm

Contact sam.stone@rothervoluntaryaction.org.uk for more info.

DBS CHECKS

Tuesday 4th March DBS checking available in St Marys Centre Rye 11am-1pm

Contact sam.stone@rothervoluntaryaction.org.uk for more info.

RYE SPORTS CENTRE

is urging the local community to sign up and join in with the World's Biggest Swim to raise funds for the Sports Relief charity. <http://bit.ly/1cyebnB> This year's Swimathon will take place on **Saturday**

22 and Sunday 23 March. For further information on Swimathon visit www.freedom-leisure.co.uk or www.swimathon.org to register.

ST MICHAEL'S HOSPICE YELLOW DAY

This year's annual St Michael's Hospice Yellow Day will be taking place on **Friday 28th March**

BATTLE SCARECROW FESTIVAL IS OPEN FOR ENTRIES

THE sixth annual Battle Scarecrow Festival will return to the town on Monday June 30, running until Saturday July 19. The event is open to entries and the organisers are encouraging individuals, schools, community groups and businesses to get involved. For more information, please email battlescarecrow@battlechamber.org

BEXHILL FESTIVAL OF THE SEA

is planning a cookery book of sea food recipes **to raise funds to support the annual festival in September.** They are looking for local people to submit recipes to the collection and to make it special, would like the owner of the recipe to tell something about him or herself, or why the recipe is special - just a few short lines to add a flavour of Bexhill. Please drop in recipes to Silver Nutmeg in Wickham Avenue or post them to Carole Green. 71 Wrestwood Rd. Bexhill, TN40 2LN. or email thegreens837@aol.com.

COMMUNITY NETWORK DATES

Rye Network- Creative Centre 1st April 2pm

Bexhill Network- Town Hall Bexhill, 12th March 2.30pm

Contact sam.stone@rothervoluntaryaction.org.uk for more info.

FARMERS MARKETS

Rye: Every Wednesday – 10am till noon at The Strand Quay

Bexhill: Every Friday morning - Devonshire Square

Robertsbridge Village Market: First Saturday of every month 10am to noon in the Village Hall

Brede : Village Hall 10-12.00pm; Fridays

WALKS

HEALTH WALKS

Rye: every Monday 10 am - meet at Gibbets Marsh Car Park

Ticehurst: every Monday 10.30am - meet at Pickforde Lane car park – Contact Peggy Langdown for more information on 01580 200599

Combe Valley: every Monday 11am – meet on Sidley Green outside the New Inn

Robertsbridge: every Tuesday 9.30am - meet outside Robertsbridge Youth Centre

Bexhill: every Friday 11.00am - meet in the foyer of the De la Warr Pavilion

Battle: every Friday 10 am – meet on The Green opposite Battle Abbey

For further information on all the above Health Walks telephone Paula Hubens, Healthy Walks Project Officer on 01424 446395 or email her at p.hubens@tcv.org.uk

Feel free to send us details of events or news you would like circulated to communities in Rother. The RVA E-Bulletin is sent monthly to over 700 organisations operating in Rother. Submissions are free. Please note we reserve the right to shorten submissions without approval from the original authors. Send any news or diary dates to martin.fisher@rothervoluntaryaction.org.uk



www.rothervoluntaryaction.org.uk

Disclaimer: we check the authenticity of the sources of information in the newsletter and associated links as we can but we give no warranties or endorsement of information herein, and views expressed do not necessarily represent those of RVA . We would encourage active checking of information in this newsletter before you make any decisions.
