

Agenda, Notes, Actions and Output

NB: Full minutes are not document for this meeting

Present:

1. Stuart Ramsbottom – RDC
2. Naomi Robinson – RVA
3. Kevin Katner – NHS Sussex, Ambassador Volunteer
4. Sharon Ward – Hazel Lodge Care Home, Battle
5. Caroline Aherne – Home Instead
6. Maarit-Liisa Robinson – Job Centre Plus
7. Guy Partridge – Bexhill Christians Against Poverty, Beaulah Baptist Church
8. Frances McKenna – Kieron Mullen's Office (MP)
9. Julian Griffiths – Bexhill Mens Shed
10. Karen Haskall – Collington Park Lodge Care Home
11. Ricky Perrin – Possability People
12. Becky Civers – Caremark Rother
13. Annette Holmes – Rother Voluntary Action / Fairlight Friday Lunch Club
14. Jas Gray – Active Hastings, 20:20 Health
15. Julia Swaffer – NHS Bexhill PCN Social Prescriber
16. Sheree Fielder – NHS Rural Rother PCN Social Prescriber
17. Lauren Walbrin – NHS Rural Rother PCN Social Prescriber
18. Helen Frederick – Energise Sussex Coast

Apologies

1. Sue Lyne – Ewhurst and Staplecross Village Hall
2. Christine Nee – Bexhill Senior Citizen's Club

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Agenda

10am	Welcome and introduction Apologies (housekeeping, photos, updates and actions)
10.10am	Quick partner introductions (Name, organisation, quick summary)
10.30am	About Age Friendly Rother
10.45am	About the Age Friendly Rother Network
11.00am	Intergenerational grants and discussion
11.15am	BREAK
11.20am	Seniors Fair Introduction from Frances McKenna
11.30am	Draft Terms of Reference for Age Friendly Rother Network: Review and com
11.40am	What would we like the network to achieve/focus on?
11.50am	Suggested format for future meetings (AFR updates, presentation, activity, partner updates)
12.00	END

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Notes/Actions

1. Partner introductions: Key connections / info points
 - a. Hazel Lodge Care Home: Sharon Ward can now deliver Dementia Friends Workshops
 - b. Helen from Energise Sussex Coast is available to come and talk to groups of older people about cost of living in relation to energy bills
 - c. A point was raised about a lack of awareness of the Access Funding.
 - d. **Action:** Kevin Katner offered to provide venue ideas for future meetings
2. Presentation on Age Friendly Rother (SR) and the Age Friendly Rother Network (NR): See attached slides
 - a. About the network: Currently 98 on mailing list.
 - b. **Action:** if your organisation would like its logo included on the Age Friendly Rother Network page, please email naomi.robinson@rva.uk.com
 - c. **Discussion point:** Centralised database /directory for information, services, activities etc. Tribe, ESCIS, NHS onespace etc.
 - d. **Action:** Julie Swaffer offered to send through asset list for older people
3. [Intergenerational Grant Scheme](#) introduced by SR
 - a. **Action:** NR to set up a brainstorming session for organisations to discuss ideas. This will be on Friday 10 July 12-1pm
 - b. See attached 'meeting output' for ideas put forward by network attendees
4. Community Conversations: NR will be coming out to locations in Rother to have conversations with older residents about the experience of growing older where they live. Suggestions for locations for these included:
 - a. Bexhill Mens' Shed
 - b. Staplecross Village Hall
 - c. Beulah Church
 - d. Rother Seniors Forum
 - e. Robertsbridge Lunch Club
 - f. Peasmarsh

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- g. Northiam
 - h. Bexhill Senior Citizens Club
 - i. Bexhill Dementia Action Alliance
5. Bexhill Seniors Fair: Frances McKenna introduced the Bexhill Seniors Fair, to take place on 30th September at De La Warr Pavilion
- a. **Action:** Organisations to [contact Frances](#) if they would like to take part as a sponsor or exhibitor
 - b. A steering group will be meeting to progress plans for the fair
6. Terms of Reference
- a. Please see draft TOR with these notes which meeting participants reviewed in the meeting.
 - b. Helen Frederick suggested an adaption to include those experiencing financial exclusion
 - c. Kevin Katner suggested an adaption to acknowledge educational background as a characteristic to consider / include.
 - d. Action: All to review and send any comments to NR by 31 July 2027. Updates to be signed off at next meeting.
7. Future meetings format
- a. This was agreed to (as the norm) consist of
 - i. Age Friendly Rother updates
 - ii. Topical presentation
 - iii. Related activity / discussion
 - iv. Partner updates
8. Discussion
- a. The groups discussed how to maximise the AFR brand: Could there be a programme to get participating venues and shops to display the logo?
 - b. This would possibly be a bit admin heavy, but organisations in the network could perhaps include on their own materials, email footers etc. We can also encourage local businesses to sign up for Age-Friendly Employer status.
 - c. **Action:** NR to share logo for members to include on their emails etc.

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- d. **Action:** NR to research examples of best practice for Age-Friendly villages / towns etc
- e. **Action:** NR to share Age Friendly Employer Pledge Info
- 9. Group connectivity:
 - a. **Action:** NR to check with contacts re sharing their email addresses amongst the group

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My hopes for the AFRN

Networking

Organising an intergenerational work experience opportunity for our 18-24 year olds

Sharing information / knowledge

Highlighting issues (including new issues) affecting older people

Supporting projects

Bringing forward ideas but not re-inventing the wheel

To make a difference

To make positive changes

That we can help get older people moving more and connecting them with the community

Connections

Share info

Work with other organisations

Better links between VCSE and Clinical services / dwp / mh/nhs

Address the differences between rural and non-rural

To improve the health, wellbeing and independence of the elderly generation to enable them to live in their own homes safely and to not feel lonely or isolated

Make connection and bring about change through partnership.

Raise profile of the huge amount the church does in this area.

Connecting up with other organisations

Creative Healthy Ageing

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Suggestions for other organisations

Just Friends

Sussex Police

Early onset Parkinsons Group

Bexhill Walking Football

East Sussex Fire and Rescue Service

Bexhill Walking Cricket

Bexhil Seniors over 55's club

Care for the Carers

Bexhill Primary Care Network

Parish Councils

Rother Seniors Forum

GP Practices and pharmacy

District nurses

Bexhill Hospital

Parish Councils

Rother Seniors Forum

Hastings Direct

Rother Seniors Forum

Flexi-bus

Village Community Hubs

St Micheal's Hospice

Sara Lee Trust

Heart of Sidley

Bexhill Family Collective

WOK (?) Neighbourhood Lead

Elderly members of the community for their views

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Southern Housing

NHS

ASC

